

2017-2018 Annual Report

**PARENTS ANONYMOUS® OF NEW JERSEY, INC.**  
DBA **PARENTS, INC.**

Our Mission is to protect children by strengthening families through mutual support, parent leadership, and advocacy.

**Organizational Services**

**Evidence-based Parent Community Support Groups and Online Parent Support Group:**

Professionally facilitated and Parent led, these free community-based support groups provide mutual support, education and hope to parents. The online group is available to any parent with access to a computer and an internet link, this group “meets” once a week on the Parents Anonymous® website, [www.pofnj.com](http://www.pofnj.com)

**Family Helpline (1-800-THE-KIDS):**

The only 24-hour confidential statewide phone line dedicated to family issues. This line offers a place to vent, receive information, referrals and crisis intervention.

**Father Time™:** There are currently 6 Father Time groups statewide. This is a three-pronged program for fathers who want to deepen their connections with their children. Fathers participate in the 24/7 DADS curriculum with a support group component based on the shared leadership model of all Parents Anonymous® groups. Father Time™ members demonstrate leadership by planning and executing free family-friendly community activities.

**Teen Pregnancy Prevention Initiative:**

This initiative opens the Family Helpline to teens who fear they may be pregnant and need a confidential resource for help. Staffed by trained volunteers, this line is available 24-hours a day, 7 days a week.

**Website**

Joshua Weiss of TeliApp Creative, donates his time and talent to update the Parents, Inc. website [www.pofnj.com](http://www.pofnj.com) Weekly Online groups are running smoothly.

**2017-2018 Accomplishments**

**Maintained Over 35 Parents Anonymous® Parent Support Groups to Parents Statewide**

These free, evidenced based, professionally facilitated mutual-help groups create an environment in which parents help each other develop methods of coping with stress and learn alternative methods of discipline. Groups are facilitated by volunteer professionals but are actually run by parent leaders. In the year July 2017 to June 2018, we hosted **37** Adult and **7** Children groups that met weekly throughout the state.

**FREE Child Care available to Support Groups**

Founding Board Member, the late Dr. Lawrence Taft made a leadership gift to start this important fund because he believed that no parent should ever miss attending a support group because they did not have a babysitter. The 2017-2018 year’s Taft Fund Appeal brought in \$1,220.

**Parents Anonymous® receives funding from Pascale Sykes to continue Keansburg Father Time™**

The members of Father Time™ are grateful to the Pascale Sykes Foundation for their continuing support.

The annual Fall & Spring Family Fishing Derby was held in Keansburg with our Father Time™ program. Over 75 families were in attendance. Families had a great time on the beach building sand castles, participating in craft events and enjoying picnics.

DCF provided us with a two-year grant to begin Father Time™ programs in Cumberland and Salem Counties.



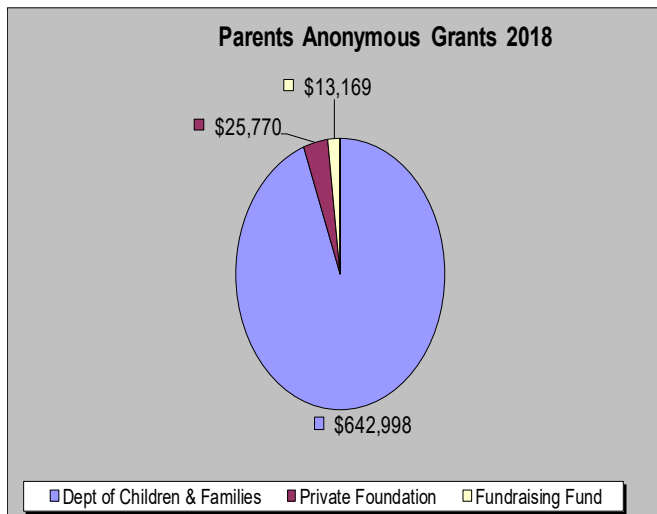
# “ASKING FOR HELP IS A SIGN OF STRENGTH”

1-800-THE-KIDS

[www.pofnj.com](http://www.pofnj.com)

*Like us on Facebook, Follow us on Twitter, Volunteer and Donate*

## Financial Report



### Accomplishments Continued:

#### Provided Statewide Parenting Conference

June 2018 Parents Anonymous® hosted a free one-day Parenting conference held at the DCF Training Center in New Brunswick. Workshops provided over 75 attendees with skills on Stress Reduction, Anger Management, Working with DCP&P, Bullying and Cyber Safety. Resource Tables provided parents with a wide range of services available to them.

### Celebration of

#### National Parent Leadership Month

February 23, 2018, we celebrated National Parent Leadership Month by hosting a Statewide Parent Recognition Event.

The event was held in collaboration with the Bank of Princeton, Bloomfield Family, DCF, East Orange Child Development Center, FIS, Horizon Health, Kapferer Family, NJM Insurance, Pascale Sykes and SPAN on February 23, 2018 at the National Conference Center in East Windsor. Over 180 parents and professionals came together to celebrate accomplishments, growth and leadership.

For the first time, a South Jersey Agency, CPAC held an independent celebration of the National Parent Leadership Month in Cherry Hill, Camden County. Over 100 Parents attended.

Program Director, Doreen Finley was honored for her work in Mercer County by the Mercer County Commission on Women and Children.

## Parents Anonymous® Family

### 2017-2018 Board of Trustees Members

Christopher Kapferer, President  
 Sarah M. Adelman, Vice President  
 Edward J. Szemis, Treasurer  
 Carl M. Bloomfield  
 Simone Oliver  
 Victor Murphy

### 2017-2018 Parents Anonymous® Staff

Kathleen Roe, Executive Director  
 Laurie Komjati, Director of Operations  
 Doreen Finley, Program Director  
 Trish Beach, Office Intake Manager  
 Rena Moscatello, Book Keeper  
 Annette Cuevas, Program Assistant  
 Siobhan Swepson, Program Coordinator  
 Michele Bazin, Helpline Support Staff  
 Lynda Beach, Helpline Support Staff  
 Mary Ann Brinkley, Helpline Support Staff  
 Nancy Burk, Helpline Support Staff  
 Maureen Nicolai, Helpline Support Staff  
 Jackie Ramirez, Online Facilitator

***Thank you to our wonderful  
 Volunteers and Donors!***