

PARENTS ANONYMOUS® OF NEW JERSEY, INC.
DBA PARENTS INC.

Our Mission is to protect children by strengthening families through mutual support, parent leadership, and advocacy.

2018-2019 Organizational Services & Accomplishments

Provided and Maintained Over 35 Community & Evidence-based Parent Support Groups to Parents Statewide

From July 2018 to June 2019, we hosted 33 Adult and 4 Children groups that met weekly throughout the state.

These free, evidenced based, professionally facilitated mutual-help groups run by parent leaders create an environment in which parents help each other develop methods of coping with stress and learn alternative methods of discipline.

FREE Child Care Available to Groups

Founding Board Member, the late Dr. Lawrence Taft made a leadership gift to start this important fund because he believed that no parent should ever miss attending a support group because they did not have a babysitter. The 2018-2019 year's Taft Fund Appeal brought in \$1,445.

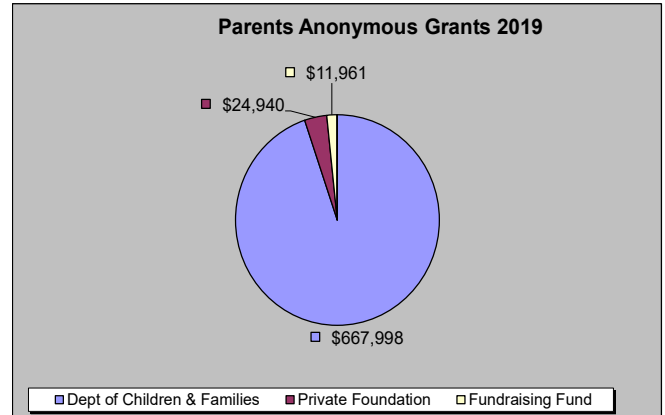
Website & Online Parent Support

Josh Weiss of TeliApp Creative, donated his time and talent to update the Parents Inc. website www.pofnj.com. The online group is available to any parent with access to a computer and an internet link, this group "meets" twice a week at this site.

Family Helpline (1-800-THE-KIDS)

The only 24-hour, 365 days confidential statewide Helpline dedicated to family issues and teens who fear they may be pregnant. The line offered a place to vent, receive confidential information, referrals and crisis intervention to over 4,500 callers.

Financial Report



Parents Anonymous® Family



2018-2019 Parents Anonymous® Staff

- Kathleen Roe, Executive Director
- Doreen Finley, Program Director
- Laurie Komjati, Director of Operations
- Trish Beach, Office Intake Manager
- Rena Moscatello, Book Keeper
- Siobhan Swepson, Program Coordinator
- Michele Bazin, Helpline Support Staff
- Lynda Beach, Helpline Support Staff
- Mary Ann Brinkley, Helpline Support Staff
- Nancy Burk, Helpline Support Staff
- Maureen Nicolai, Helpline Support Staff
- Jackie Ramirez, Online Facilitator

2018-2019 Board of Trustees Members

- Christopher Kapferer, President
- Carl M. Bloomfield, Vice President
- Edward J. Szemis, Treasurer
- Simone Oliver
- Victor Murphy

Thank you to our wonderful Board, Volunteers and Donors! Please Join our Family by Volunteering or Donating.

“ASKING FOR HELP IS A SIGN OF STRENGTH”

1-800-THE-KIDS

www.pofnj.com

Follow us on Twitter and Instagram @parentsincnj Like us on Facebook

2018-2019 Accomplishments



Statewide Father Time™ Program

Seven Father Time™ groups were held statewide.

This is a three-pronged program for fathers who want to deepen their connections with their children. Fathers participate in the 24/7 DADS curriculum with a support group component based on the shared leadership model of all Parents Anonymous® groups. Father Time™ members demonstrate leadership by planning and executing free family-friendly community activities.

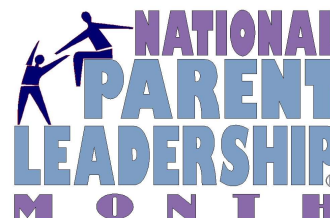
The members of Father Time™ are grateful to the Pascale Sykes Foundation for their continuing support. The Annual Family Fishing Derby, Breakfast with Santa and a King & Princess dance were just three activities held in Keansburg with our Father Time™ program. Over 75 families were in attendance.

DCF provided us with a two-year grant in 2017 to start Father Time™ programs in Cumberland & Salem Counties.

In December 2018 Parents Anonymous Father Time™ South hosted Breakfast with Santa with over 100 families in attendance.

Appreciated for our Good Work

Community Planning & Advocacy Council (CPAC) awarded Parents Inc with a Humanitarian Award to Kathleen Roe, Doreen Finley and staff at their Parent Leadership Recognition event in Camden on February 23, 2019.



Celebration of Parent Leadership

February 22, 2019, we celebrated National Parent Leadership Month by hosting a Statewide Parent Recognition Event.

The event was held in collaboration with DCF, the Graham Company, ECCYC, FIS, Horizon Health, Kapferer Family, Mercer County Women's Commission, Perform Care and Pascale Sykes on February 23, 2018 at the National Conference Center in East Windsor.

170 parents and professionals came together to celebrate accomplishments, growth and leadership.

Training and Continuing Education

In October 2018 Parents Inc. staff were trained in Protective Factors.

Staff also attended workshops this year on: Positive Parenting, Mindfulness, Early Childhood Inclusion and Trauma & The Mind.

Parents Inc. staff provided a Domestic Violence Presentation at Camden Domestic Violence Center.

Provided Statewide Parenting Conference

June 2019 Parents Inc. hosted a free one-day Parenting Conference held at the DCF Training Center in New Brunswick. Workshops on Stress Reduction, Cyber Safety, Communication and Co-Parenting were provided to over 80 attendees. Resource Tables provided parents with a wide range of services.