

July 2020 – June 2021 Annual Report

# PARENTS INC.

## PARENTS ANONYMOUS® OF NEW JERSEY, INC.

Our *Mission* is to protect children by strengthening families through mutual support, parent leadership, and advocacy.

2020-2021 Organizational Services & Accomplishments

### *Developed and Supported 37 Free Community & Evidence- Based Parents Inc. Support Groups Statewide*

From July 2020 to June 2021, we hosted 31 Adult and 6 Children groups that met weekly throughout the state.

These free, evidenced-based, professionally facilitated mutual-help groups run by parent leaders create an environment in which parents help each other develop methods of coping with stress and learn alternative methods of discipline.

### *FREE Childcare Available to Groups*

Founding Board Member, the late Dr. Lawrence Taft made a leadership gift to start this important fund because he believed that no parent should ever miss attending a support group because they did not have a babysitter. The 2020-2021 year's Taft Fund Appeal brought in over \$1,600.

### *Family Helpline (1-800-THE-KIDS)*

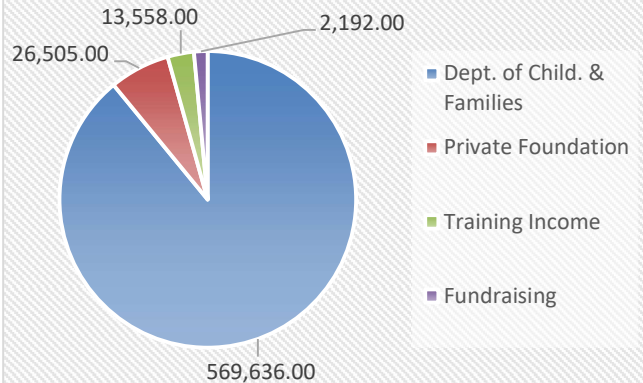


The only 24-hour, 365 days confidential statewide Helpline dedicated to family issues and teens who fear they may be pregnant. The line offers a place to vent, receive confidential information, referrals, and crisis intervention to families statewide.

2020-2021 Parents Inc. staff recruited and trained 28 new Helpline Volunteers.

### Financial Report

### Parents Inc. Grants 2021



### Parents Anonymous® Family



### *2020-2021 Staff*

- Kathleen Roe, Executive Director
- Doreen Finley, Assistant Director
- Laurie Komjati, Director of Operations
- Trish Beach, Office Intake Manager
- Rena Moscatello, Bookkeeper
- Tom Pyle, Program Assistant
- Michele Bazin, Helpline Support Staff
- Lynda Beach, Helpline Support Staff
- Nancy Burk, Helpline Support Staff
- Maureen Nicolai, Helpline Support Staff
- Jackie Ramirez, Online Facilitator

### *2020-2021 Board of Trustees Members*

- Christopher Kapferer, President
- Carl M. Bloomfield, Vice President
- Edward J. Szemis, Treasurer
- Victor Murphy, Member

*Thank you to our wonderful Board, Volunteers and Donors! Please Join our Family by Volunteering or Donating.*

# “ASKING FOR HELP IS A SIGN OF STRENGTH”

1-800-THE-KIDS

[www.paofnj.org](http://www.paofnj.org)

Follow us on Twitter and Instagram @parentsincnj Like us on Facebook

July 2020 – June 2021 Accomplishments

## Statewide Father Time™ Program



Father Time™ groups were held statewide including a Fishing Derby and King & Princess dance. This is a three-pronged program for fathers who want to deepen their connections with their children. Fathers participate in the 24/7 DADS curriculum with a support group component based on the shared leadership model of all Parents Anonymous® groups.

The members of Keansburg Father Time™ are grateful to the Pascale Sykes Foundation for their continuing support.



The members of Father Time™ South Jersey held a roundtable at the Greater Bridgeton Family Success Center on June 24, 2021.

## Advanced Parent Leadership & Advocacy Training

In October, November, and December 2020 Parents Inc. partnered with the United Way of Greater Union County to provide Parent Leadership and Advocacy training.

This training was designed to help parents become the best advocates for their family and community. Full-day training sessions were held virtually. The trainings were held in English and Spanish, over 80 parents attended. Read a couple of the comments parents made on the evaluations; “Why doesn’t every parent get this training?” and This is the best workshop I have ever completed!”



## Celebration of Parent Leadership

February 26, 2021, we celebrated National Parent Leadership Month by hosting a Statewide Parent Recognition Event, “*Good Job! Good Job!*”

Over 75 parents came together to celebrate Parent Leadership with professionals from Community Access Unlimited, CPAC, FIS, Janus Solutions, Kapferer Family, Pascale Sykes, and SPAN.

In April, Parents Inc. recognized over 100 Volunteers.

## Statewide “Good Job” Parenting Conference



June 16, 2021, Parents Inc. hosted a free one-day virtual “*Good Job*” Parenting Conference held on Zoom. Workshops included Staying Calm in Chaos, Stress Reduction, Grief and Parent Burnout. Over 40 parents and volunteers attended.

## Community Outreach

Parents Inc. staff participated in 72 Community Collaborative Meetings and hosted 24 Public Awareness Workshops and Resource Tables from July 2020 to June 2021.

## Website & Online Parent Support

[www.paofnj.org](http://www.paofnj.org). The online group is available to any parent with access to a computer and an internet link, this group “meets” twice a week at this site. This year, 102 online parent support meetings were held with over 3,000 visitors to the website.