July 2021 - June 2022 Annual Report

PARENTS INC. PARENTS ANONYMOUS® OF NEW JERSEY, INC.

Our <u>Mission</u> is to protect children by strengthening families through mutual support, parent leadership, and advocacy.

<u>Developed and Supported</u> <u>39 Free Community & Evidence-</u> <u>Based Parents Inc. Support Groups</u> <u>Statewide</u>

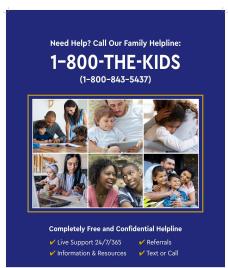
From July 2021 to June 2022, we hosted 39 Support groups that met weekly throughout the state. Staff recruited and trained 29 new Facilitators and Parent Leaders.

These free, evidenced-based, professionally facilitated mutual-help groups run by parent leaders create an environment in which parents help each other develop methods of coping with stress and learn alternative methods of discipline.

FREE Childcare Available to Groups

Founding Board Member, the late Dr. Lawrence Taft, made a leadership gift to start this important fund because he believed that no parent should ever miss attending a support group because they did not have a babysitter. The 2021-2022 year's Taft Fund Appeal brought in over \$648.00.

Family Helpline



Real Help For Parents When They Need It Mos

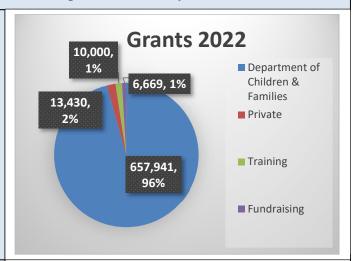




Financial Report

Anonymous®

Parents .





2021-2022 Staff

Kathleen Roe, Executive Director
Doreen Finley, Assistant Director
Laurie Komjati, Director of Operations
Trish Beach, Office Intake Manager
Ayanna McLean, Regional Coordinator
Rena Moscatello, Bookkeeper
Tom Pyle, Program Assistant
Michele Bazin, Helpline Support Staff
Lynda Beach, Helpline Support Staff
Nancy Burk, Helpline Support Staff
Maureen Nicolai, Helpline Support Staff
Jackie Ramirez, Online Facilitator

2021-2022 Board of Trustees Members

Christopher Kapferer, President Carl M. Bloomfield, Vice President Edward J. Szemis, Treasurer Victor Murphy, Member Diana Cooper-Vanderlip, Member

Thank you to our wonderful Board, Volunteers, and Donors! Please Join our Family by Volunteering or Donating.

"ASKING FOR HELP IS A SIGN OF STRENGTH" 1-800-THE-KIDS

www.paofnj.org

Follow us on Twitter and Instagram @parentsincnj Like us on Facebook

The Family Helpline is the only 24-hour, 365 days confidential statewide Helpline dedicated to family issues and teens who fear they may be pregnant. The line is answered by a highly trained, compassionate listener who offers a place to vent, community resources, and crisis intervention to families statewide. Parents Inc. staff recruited and trained 25 new Helpline Volunteers in 2021-2022.

Statewide Father Time™ Program



Father Time[™] groups were held statewide including a Fishing Derby, Trunk or Treat, and King & Princesses dance. Fathers participate in the 24/7 DADS curriculum with a support group component based on the shared leadership model of all Parents Anonymous[®] groups.

The members of Keansburg Father Time[™] are grateful to the Pascale Sykes Foundation for the many years of support.



The members of Father Time[™] South Jersey opened a Drop-In Resource Center in Cumberland County Mall in August and another in Deptford Mall in January. They hosted a bookbag giveaway event in August, distributed toys in December, and held a Black History Fun Day in February to support South Jersey families.

Community Outreach

Parents Inc. participated in 127 Community Meetings, Public Awareness Workshops, and Resource Tables.

Parent Leadership & Advocacy Training

Two Facilitator trainings were held at Bridgeton Family Success Center on June 22nd and May 11th for 19 parents. This training was designed to help parents become the best advocates for their family and community.

Parent Leadership & Advocacy and Preventing Parent Burnout trainings were held in January for 34 parents from the Trenton Board of Education.



Celebration of Parent Leadership

On February 23, 2022, we celebrated National Parent Leadership Month by hosting a Statewide Virtual Parent Recognition Celebration. Over 75 parents came together to celebrate Parent Leadership with professionals from SPAN, CPAC, FSI, The Father Center, Prevent Child Abuse NJ, Pascale Sykes, Center for Family Services, and Southern NJ Perinatal Cooperative. The Parent Champion Award was given to First Lady Tammy Murphy while the Jolly K award was given to Brenda Diaz.

Statewide Parenting Conference



On June 3, 2022, Parents Inc. hosted a free one-day "Speak Up, Take Action, Create Change" Parenting Conference, held at the DCF Training Center in New Brunswick. Workshops included Family Success, Trauma and Self Care. Over 30 parents and volunteers attended.

<u>Parents Inc. Website</u> <u>www.paofnj.org</u>

This year, over 100 virtual Support Group meetings were held with 3,927 visitors to the site.