July 2022 - June 2023 Annual Report

PARENTS INC. PARENTS ANONYMOUS® OF NEW JERSEY, INC.

Our *Mission* is to protect children by strengthening families through mutual support, parent leadership, and advocacy.

Family

Anonymous®

Parents

<u>Developed and Supported</u> <u>39 Free Community & Evidence-</u> <u>Based Parents Inc. Support Groups</u> <u>Statewide</u>

From July 2022 to June 2023, we hosted 39 Support groups that met weekly throughout the state supporting over 508 parents. Staff recruited and trained 15 new Facilitators and Parent Leaders.

These free, evidenced-based, professionally facilitated mutual-help groups run by parent leaders create an environment in which parents help each other develop methods of coping with stress and learn alternative methods of discipline.

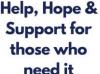
FREE Childcare Available to Groups

Founding Board Member, the late Dr. Lawrence Taft, made a leadership gift to start this important fund because he believed that no parent should ever miss attending a support group because they did not have a babysitter. The 2022-2023 year's Taft Fund Appeal brought in over \$1,526.03.

Family Helpline

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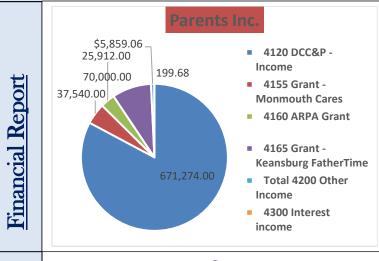














2022-2023 Staff

Kathleen Roe, Executive Director Doreen Finley, Assistant Director Laurie Komjati, Director of Operations Trish Beach, Office Intake Manager Ayanna McLean, Regional Coordinator Rena Moscatello, Bookkeeper Tom Pyle, Program Assistant Michele Bazin, Helpline Support Staff Lynda Beach, Helpline Support Staff Nancy Burk, Helpline Support Staff Tracy Lopez, Helpline Support Staff

2022-2023 Board of Trustees Members

Christopher Kapferer, President Carl M. Bloomfield, Vice President Edward J. Szemis, Treasurer Diana Cooper-Vanderlip, Member Mardi Faltz, Member Victor Murphy, Member Tiray T. Silvis, Member

Thank you to our wonderful Board, Volunteers, and Donors! Please Join our Family by Volunteering or Donating.

"REAL HELP FOR PARENTS WHEN THEY NEED IT MOST" 1-800-THE-KIDS

www.paofnj.org

Follow us on Twitter and Instagram @parentsincnj Like us on Facebook

The Family Helpline is the only 24-hour, 365 days confidential statewide Helpline dedicated to family issues and teens who fear they may be pregnant. The line is answered by a highly trained, compassionate listener who offers a place to vent, community resources, and crisis intervention to families statewide. Parents Inc. staff recruited and trained 17 new Helpline Volunteers and received 4,846 calls/texts in 2022-2023.

<u>Statewide Father Time[™] Program</u>

Father Time[™] groups were held statewide including a Fishing Derby, Trunk or Treat, and King & Princesses dance. Fathers participate in the 24/7 DADS curriculum with a support group component based on the shared leadership model of all Parents Anonymous[®] groups.



The members of Keansburg Father Time[™] are grateful to the Pascale Sykes Foundation and Monmouth Cares for their years of support.



The members of Father Time[™] South Jersey hosted a bookbag giveaway event in August, distributed toys in December, and held a Black History Fun Day in February to support South Jersey families.

Community Outreach

Parents Inc. participated in 104 Community Meetings, Public Awareness Workshops, and Resource Tables.

Parent Leadership & Advocacy Training

We hosted two Parent Leadership & Advocacy trainings in Monmouth County. One was held on November 20th at the Joseph Caruso Elementary School. The other was held in Spanish at the Monmouth Cares office in West Long Branch on Dec. 10th. Both training evaluations had positive feedback.

Celebration of Parent Leadership



On February 24, 2023, we celebrated National Parent Leadership Month by hosting a Statewide Parent Recognition Celebration at the DCF Training Center in New Brunswick. The theme was "Life's not about waiting for the Storm to pass...It's about Learning to Dance in the Rain." Over 115 parents came together to celebrate Parent Leadership with professionals from Aetna Better Health of NJ, Graham Company, SPAN, CPAC, FSI, The Father Center, Center for Family Services, NJM Insurance Group, and United Wav of Central Jersey. Commissioner Beyer presented the Governor's proclamation to Parents Inc. and celebrated the impact of Executive Director Kathleen Roe's 40-year career. The Parent Champion Award was given to Victor Murphy while the Jolly K Award was given to Charles Green.

Statewide Parenting Conference

On June 2, Parents Inc. hosted a free one-day *"Speak Up, Take Action, Create Change"* Parenting Conference, held at the DCF Training Center in New Brunswick. Workshops included Fatherhood Engagement, Child Support, and Self Care. 88 parents and volunteers attended.

Parents Inc. Website (www.paofnj.org)

This year, over 100 virtual Support Group meetings were held with 3,058 visitors to the site.