

Guidelines For Improving Relationships With Children



- ☺ **Encouragement:** Implies your faith in the child, communicates your **belief** in her strength and ability. Having faith in her **as she is**, is not the same as praise, increases self-esteem.
- ☺ **Natural Consequences:** Allow the **situation** to exert pressure on your child to change his behavior, allow a child to **experience** unpleasant consequences. Allow your child to experience **reality**, only in situations of real danger you should protect your child from natural consequences.
- ☺ **Action speaks louder than words:** Removing the child from the situation, time-outs, natural consequences, and explanations should be as short as possible and used when the child doesn't understand the action.
- ☺ **Take time to teach your child skills:** She needs to know such skills as dressing, eating, and cleaning. Don't assume she will get it automatically.
- ☺ **Be firm without dominating.** Firmness will gain a child's respect, domination will teach her to value power and cause her to rebel.
- ☺ **There is no fun in a temper tantrum when the child has no audience.** Withdrawing your attention can be very effective.
- ☺ If you give **less attention to disturbing behavior**, give **more attention to cooperative behavior**.
- ☺ Make a **difference** between your child as a **person** and your child's **behavior**.
- ☺ **Never do for** your child what she can **do for herself**.
- ☺ A child will become irresponsible if we don't let them take on **responsibility**.
- ☺ A child can **build on strengths**, not weaknesses.
- ☺ Remember that your child's **feelings are tender and easily hurt**.
- ☺ Have **fun** with your child.

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